

CONFIRMATION

**Workbook for Parents -
Final Preparations**

My Prayer Book

I grow up with



Some Notes (for Parents)...

The use of *My Prayer Book I grow Up With* is specific at PAREF Springdale School for Boys. While it is issued by the School to all its students, it is meant to be a gift of Parents for their Sons: it is a token of Parents' transmitting their Faith to their Sons. The *Prayer Book* is introduced as part of the Boys' preparations for their First Holy Communion (Grade 2). It is used throughout their Primary and Secondary Grades and is reviewed especially at the Boys' preparations for Confirmation (Grade 8).

Please go over the pertinent pages of *The Prayer Book* with your Sons as discussed during the Parents' Information Seminars held previously.

- Write out your message/prayer for your Son on Dedication, page 53.
- Encourage your Son to go over How to Make a Good Confession, pages 36-42. Similar points can be found on pages 62-66 on Part II of *The Prayer Book*. These pages have been brought up during their Religion classes and they will be asked to go to Confession starting November 3rd. Just remind your Son to prepare adequately for this sacrament. Parents may also come to Springdale School during these days to avail of the sacrament of Confession, if you so desire. This could be a very encouraging reminder for your Son.
- Review with your Son the Formulas of Catholic Doctrine, pages 54-58. In a conversation you may have with him about the family coming to his Confirmation, Parents may discretely check on the Son's preparations.

- ❑ Encourage your Son to begin the practice of Examination of Conscience, pages 46-48, if he has not started doing it already.
- ❑ Give your Son specific intentions to pray for during these days, so he may start using the prayers that appear on pages 59-62. You may tell your Son that from now on you will be asking him for his support of prayer for family needs/intentions.
- ❑ Encourage your Son to go over Prayers for Various Occasions, pages 81-88.
- ❑ If there is an occasion to visit the dead or attend a wake during these days, encourage your Son to lead the prayer Responsory for the Dead, pages 91-92.

The Prayer Book was introduced school-wide only this School year 2014-2015. Parents may “*work back*” by filling up the Dedication on page 9.

We entrust the spiritual fruits of this Year 2014 Confirmation to Our Lady, our Hope, Seat of Wisdom.